“I hear about each Paper Pals session, we sit down together and have a discussion. Thanks for opening the door for me!”

“I believe it’s a good idea for my child to learn about these things from a program like this at school. It reinforces what we try to teach him at home.”

“This program really spoke to my daughter. She came home after each session to tell me what she learned. She also seems more conscientious about her own self-care.”

“My son enjoys telling us how to handle certain situations. He even tells his 8 yr. [old] sister to ‘stop and think.’ I love your program!”

“I was very impressed on how adamant my daughter was on these issues. Smoking and consuming alcohol really made an impact on her. I believe she won’t try them.”

CARE (Community Assessment Referral & Education) is an agency that empowers individuals and families by providing programs to prevent and treat mental health, alcohol, tobacco and other drug concerns.

31900 Utica Road
Fraser, MI 48026
Ph: 586.541.0033
Fx: 586.541.0034

www.careofmacomb.com

“The most important reason that CARE deserves the recognition of this award (the 2000 Prevention Organization of the Year Award) is the unyielding dedication and hard work of the prevention staff and volunteers.”

-Dana Gire,
Macomb County Prevention Coordinator

CARE (Community Assessment Referral and Education) is dedicated to the prevention of alcohol, tobacco, and other drug use. Federal, state and local funding have been provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs. Recipients of substance abuse services have rights protected by state a federal law and promulgated rules.

For information, contact CARE Recipient Rights Advisor 31900 Utica Road Fraser, MI 48026, (586) 541-0033 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing MI 48909.
**MISSION:** To Help Change Society’s Pattern of Alcohol and Other Drug Use by Providing Basic Information and Skills Before the Age of Experimentation.

**Messages**

What messages are your children receiving from the billboards, music, television and magazine advertisements they see?

Children begin developing their value judgments at an early age. Will they make healthy decisions for themselves in the future based on the information and opinions they have been exposed to?

The goal of Paper People is to promote ways for children to be safe and healthy.

**The Paper Pals Message:**

- Caring about themselves and others.
- What helps their bodies grow and work; what doesn’t.
- Rules about medicine, alcohol and tobacco.
- Expressing their feelings in a safe and kind way.
- How and who to ask for help.

“Kids who begin drinking before the age of fifteen are four times more likely to develop alcohol dependence than those who wait until age 21.”

(Source: The Anti-Drug.com)

**Prevention Principles**

Prevention programs can be designed to intervene as early as preschool to address risk factors for drug use, such as aggressive behavior, poor social skills, and academic difficulties.

Prevention programs for elementary school children should target improving academic and social-emotional learning to address risk factors for drug use, such as early aggression, academic failure, and school dropout.

Education should focus on the following skills:

- Self-Control
- Emotional Awareness
- Communication
- Social Problem-Solving
- Academic Support, Especially in Reading.

**What Teachers Say:**

“Paper pals is a wonderful early childhood program!”

“Wow! This program is incredible! Your presenter is FANTASTIC – not only did the kids LOVE her and Paper Pals day, but so did I! I only wish it lasted the whole year through. Thank you for a great program and a GREAT presenter!”

“This was great! We need to have this presentation every year!”

“The presenter was fantastic. I have a very difficult class this year, and the children really needed to hear her message. She was sensitive to their needs, patient with them, and maintained her energy and enthusiasm. Thank you so much!”

**The Program**

**Paper Pals** is CARE’s Early Childhood Life-Skills and Drug Prevention Program.

A trained CARE volunteer presents eight (8) thirty-minute sessions.

FEE: $150.00 per series of eight (8) sessions.

TO SCHEDULE CONTACT:

Vita Venditti
Paper Pals Program Coordinator
(586) 541-0033 x225

**Paper Pals** reaches 4,000 Macomb County kindergarteners throughout the school-year.

(2004-2005 school year totals.)